

eighty-two MAGNOLIA AESTHETICS & WELLNESS

Ultherapy.

Pre Care

- Stop any OTC anti-inflammatories/blood thinners, as bruising is possible. Discuss current medications with your provider. You may require clearance from your primary physician

Day of Treatment

- Wear comfortable, loose clothing to your appointment.
- Prior to your treatment, pre-procedure photos will be taken for comparison and follow up.
- 30 minutes prior to your treatment take 800 mg ibuprofen for pain relief during session. A single dose will not exacerbate your bruising or interfere with progress.

During Treatment Expectations

- During the treatment a variety of ultrasound transducers (the handpiece that delivers the ultrasound energy) may be used. Each transducer treats different tissue depths, from deep to shallow.
- Sensations liken to “4th of July sparklers” touch the surface of your skin- fine sparks of heat that dissipate immediately. Unpleasant but tolerable sensation is typically described. You will be given a medical device “the chiller” that directs cold air to the area being treated. Pronox is available for comfort as well.
- Immediately after the procedure the treated area may look slightly pink like you have had a facial. Rarely, bruised spots appear immediately. Typically 2-5 days after the session bruising may be visible.
- To minimize risk of bruising use ice packs for 10 minutes post procedure.
- If your forehead was treated you may have a mild headache, stinging, or “hair pulling” sensation following treatment. On the rare occasion this occurs, it usually lasts less than 24 hours but can continue to be sporadic for up to a week.
- You can immediately apply make up post treatment.
- No post procedure limitations on activity.

Post Care

- You can expect none to some of the following symptoms immediately after the procedure. The symptoms may persist for up to 4 weeks. Most patients have very mild symptoms but, as with any medical procedure, each patient's experience is unique.
 - Treated area may be slightly pink up to a few hours.
 - Bruising, swelling, and tenderness can occur in the treated area. Bruising may not be evident for several days following the treatment and often greenish in color by the time it becomes visible. Jawline and cheekbone areas are the most common to experience bruising.
 - Even without bruising, tenderness to the touch is expected. This is usually most evident along the jawline and cheekbone. This will not interfere with eating, talking, or moving facial muscles.

After treatment you can return to your normal daily routine and exercise program.

You can expect to see results in 2 phases. Phase 1 is collagen contracture which occurs while the procedure is taken place, with results showing up within a few days. Phase 2 and the most impressive is from collagen stimulation. Your body responds to the treatment by creating new collagen fibers. Collagen fiber formation can take several months. The full results from Ultherapy may take 3 months to be seen and you may note ongoing improvements for up to 6 months after treatment.

Contact (850)889-8982 with have any questions.