

eighty-two

MAGNOLIA

AESTHETICS & WELLNESS

Neurotoxin (Botox, Dysport, Daxxify, Jeuveau & Xeomin), Dermal Filler & Radiesse

Pre Care

- Avoid alcoholic beverages 24 hours prior to treatment to decrease the risk of bruising.
- Do not schedule a filler appointment 2 weeks before or after a dentist appointment or vaccination.
- If you have a history of cold sores please inform your provider. If you need a RX for preventative medication, one can be provided in advance of your treatment.
- Avoid anti-inflammatory/blood thinning medications, if possible for a period of 1-2 weeks before treatment. Medications and supplements such as aspirin, Vitamin E, ginkgo biloba, ginseng, St. John's Wort, Omega 3/Fish Oil supplements, Ibuprofen, Motrin, Advil, Aleve and other NSAIDS have a blood thinning effect and can increase the risk of bruising after injections.
- Schedule your appointment at least 2 weeks prior to a special event, (4 weeks is even better). Full results from injections can take 14 days or longer. Also bruising and swelling may be apparent in that time period.
- Be sure to have eaten prior to your procedure. This will decrease the likelihood of lightheadedness during your treatment.
- Please reschedule your appointment if you are actively sick or taking aminoglycoside antibiotics (examples - Gentamicin, Tobramycin, Neomycin)

Post Care

- Do NOT manipulate the treated area for 4-6 hours following treatment. Do NOT receive facials or massage for 7-14 days after treatment, unless specified by your provider.
- Do NOT lie flat for 4 hours after your treatment to prevent toxin from tracking to undesired muscles.
- Avoid makeup immediately after.
- You may wash your face and use your usual skincare routine the evening of injections.
- **It can take 14 days or more for full results to settle.**
- Do NOT perform activities involving straining, heavy lifting, or vigorous exercise for 24 hours after treatment. This will keep the product in the desired injected area.
- Filler patients >> Ice or cool compresses (but avoid firm pressure) for 15 minutes, 3 times the day of treatment if needed for comfort. Avoid putting ice directly on the skin
- (Filler/Radiesse) - Avoid dental work, including a cleaning, for 2 weeks post injections in an effort to avoid any potential infections or disturbances to treated areas.
- Call immediately if extreme pain, blanching, marked bruising of the area, visual disturbances, unresolved headache, or other symptoms.
- Bruising, swelling, soreness, some tenderness is normal and expected. Lumps and bumps may be as well. You may very gently massage the area but typically it's best to just leave it alone.
- Tylenol is appropriate for mild pain.

If you are unsure or have questions, do not hesitate to contact us at **(850) 889-8982**