

eighty-two MAGNOLIA AESTHETICS & WELLNESS

Chemical Peel

Pre-Treatment Instructions

- If you have an aspirin allergy please inform your provider.
- Patients with a known history of Herpes Simplex infections (cold sores) may be given prophylactic medication if needed.
- Discontinue the use of topical products containing Retinol or Vitamin A for 48 -72 hours prior to your treatment.
- If you have had sunburned skin 2 weeks prior to your appointment, please call our office to reschedule. Inappropriate treatment could lead to Hypopigmentation (white spots) or Hyperpigmentation (brown spots) that may last months or become permanent.
- Wait at least six months post Isotretinoin (Accutane) use before your procedure, as Isotretinoin use may impair wound healing and increase risk of scar tissue formation.
- Do not use any form of self tanning products to treatment areas 1 -2 weeks prior to treatment.

Post-Treatment Instructions

- Do not vigorously rub the skin and DO NOT pick at the flaking/peeling skin as this may cause scarring.
- DO NOT EXFOLIATE
- Sun protection is critical. You should not have any sun exposure; wear a mineral based sunblock. This includes driving to work. Do not use a tanning bed or sunbathe.
- Avoid laser treatments, waxing, the use of depilatories, or microdermabrasion for 3 - 4 weeks.
- Do not apply any active ingredients (Vitamin C, Retinol, Tretinoin, Acids or anything abrasive or with grit) to your skin until your skin is completely healed - may take up to 7-10 days.
- It is important to keep your skin hydrated after treatment and only use aftercare products received or approved by this office.
- Do not use anything abrasive on the treated area. Gentle Cleanser, finger tips only (no wash cloths or facial cleansing tools) and approved aftercare only.
- Avoid swimming, sauna, or whirlpool use for at least 7 days after the peel.
- Avoid strenuous exercise for 48-72 hours. You will not want to get hot and sweaty as it may intensify the peel.

Expected Skin Reactions

This treatment may cause swelling, redness, dryness/flaking, skin sensitivity, itching, and peeling which could last a week or two. In the days after the peel, the skin may feel and look tight. This is expected and normal.

Should you have any questions concerning any aspect of your procedure, please call the office at: (850) 889-8982